

## QUICK AND FUN SKETCH LESSONS – HELPS TO CREATE A FUN AND COLORFUL JOURNAL

(Video How-to Lesson Available, and physical worksheets are also included in kit 1)

### EXERCISE 1 – CONNECT YOUR HAND TO YOUR EYES AND BRAIN

- 1) Grab your journal and a pencil.
- 2) Place an object of your choice in front of you ( an apple, a flower, an animal model...)
- 3) Keeping eyes on the object, draw the item without peeking at your paper. Do not worry, I promise you it will NOT look like the item! But keep trying with different objects.
- 4) Now close your eyes and draw the item from memory!!

### EXERCISE 2 - Practice Shading and Perspective (worksheets in kit #1)

**COLOR PENCIL TECHNIQUES:**

1) Practice techniques. Shading and Color Layering. Color lightly. Increase pressure or layers for more color.

ONE LAYER -Light, gentle pressure. Side to side (any color)	ONE LAYER – Increase pressure, color a little harder	Two layers, gentle color. Side to side layer then up and down	Two layers, more pressure, horizontal and vertical, then 3 <sup>rd</sup> layer at an angle
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Light and dark purple	red	Red/yellow	yellow	Yellow/blue	blue
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➤ **START WITH YOUR SHADOWS FIRST AND MAKE USE OF WHITE PAPER FOR LIGHT**

2) Shading. Determine light source

→ **WAYS TO FILL IN SPACE:**

- dots
- swirls
- lines
- zig-zag
- lightning
- back-fish

4) PERSPECTIVE – OBJECTS FURTHER AWAY LOOK SMALLER THAN OBJECTS UP CLOSE.

Practice space for perspectives. Large triangle and smaller one “behind” it like above ^^

